

DON'T WAIT!

Learn about your benefits.

PART-TIME BENEFITS ELIGIBLE EMPLOYEES





The Office of Risk and Benefits Management's mission and vision is to promote the health and well-being of our employees. Our dedicated staff includes district personnel and on-site representatives of our benefits providers who are ready to assist and guide employees with their benefits needs.

Contact us at 305.995.7129 or email risk@dadeschools.net





BENEFITS

We are pleased to offer a benefits program for Part-time employees. If you are a Part-time employee with a pay code of B, E, F, or L, you are eligible to participate.

You may enroll in any of the Cigna healthcare plans (OAP High, OAP Standard, and SureFit) and/or Flexible Benefits for you and/or your eligible dependents. Benefits will be effective the first of the following month. The cost of these benefits will <u>NOT</u> be deducted from your paycheck.





HOW TO ENROLL

HEALTHCARE AND/OR FLEXIBLE BENEFITS:

To obtain a healthcare benefits and/or flexible benefits package, contact FBMC Benefits enrollment Management, Inc., at 1.855.MDC.PS4U (1.855.632.7748), Monday - Friday, 7:00 a.m. - 7:00 p.m., ET. You will need to return your completed enrollment form(s) and first monthly premium payment made payable to: FBMC Benefits Management, at PO Box 12241, Miami, FL 33101. FBMC will send a monthly billing invoice for your benefits.







CIGNA HEALTHCARE PLANS

OAP High:

This plan offers a higher level of coverage with a lower out-ofpocket expense when receiving services, while having access to nationwide providers in exchange for a higher premium.

- No Primary Care Physician selection required
- No referral for Specialists
- Nationwide Provider Network
- Low Deductible deductible must be satisfied for services subject to co-insurance
- Lower Primary Care Physician co-payment
- Lower Urgent Care co-payment
- \$0 co-payment for Telemedicine
- \$0 co-payment for Generic Seven Drug Classes (both retail & 90-day supply)







CIGNA HEALTHCARE PLANS

OAP Standard:

This plan offers individuals needing less access to care a lower premium option, with access to nationwide providers in exchange for a higher out-of-pocket expense when receiving services.

- No Primary Care Physician selection required
- No referral for Specialists
- Co-payments for Primary and Specialist visits
- Co-payments for Urgent visits
- Nationwide Provider Network
- Low Deductible deductible must be satisfied for services subject to co-insurance
- \$0 co-payment for Telemedicine
- \$0 co-payment for Generic Seven Drug Classes (both retail & 90-day supply)







CIGNA HEALTHCARE PLANS

SureFit:

This plan offers a lower out-of-pocket expense when receiving services, a lower premium, and a narrow strong network of providers. You must reside in the tri-county area (Miami-Dade, Broward and Palm Beach Counties).

- Selection of Primary Care Physician required
- Referrals needed for Specialists
- Narrow network with a minimum disruption in comparison to the OAP Plans
- Co-payments for Primary and Specialist visits
- Low co-payments for Urgent visits
- Lower deductible deductible must be satisfied for services subject to co-insurance
- Lower Maximum Out of Pocket The amount that you must pay before the plan covers 100% of all the services subject to co-insurance
- \$0 co-payment for Telemedicine
- \$0 co-payment for Generic Seven Drug Classes (both retail & 90-day supply)

RETAIL PHARMACY NETWORK

What pharmacies participate in the Retail Pharmacy Network?



















KNOW BEFORE YOU GO

Lower Cost and time Greater

Virtual care

For minor medical conditions.
Connect with a board-certified doctor via video or phone when, where and how it works best for you. Visit myCigna.com, or call MDLIVE at 888.726.3171 to talk with a doctor 24/7.*

Convenience care clinic

For minor medical concerns.
Staffed by nurse practitioners and physician assistants.
Located in retail stores and pharmacies. Often open nights and weekends.

Health care provider's office

or preventive care or to keep track of medications. Many PCPs offer virtual care. Contact your PCP to schedule an in-person or virtual care visit. Find a PCP on myCigna.com.

The best place to go for routine

Urgent care center

For conditions that aren't life threatening. Staffed by nurses and doctors and usually have extended hours.

Emergency room

For immediate treatment of

critical injuries or illness. Open 24/7. If a situation seems life threatening, call 911 or go to the nearest ER.

"Freestanding" ER locations are becoming more common in many areas. Because these ERs are not inside hospitals, they may look like urgent care centers. When you receive care at an ER, you're billed at a much higher cost than at other health care facilities.





CIGNA'S HOME DELIVERY PHARMACY (EXPRESS SCRIPTS PHARMACY CLAIM SYSTEM)

What are the benefits?

- > Convenience
- > Easy refills with refill reminders
- > Payment assistance
- > 24/7 access to licensed pharmacists

- Safe, private delivery
- > Track your orders
- > Automatic refills

It's easy to set up your home delivery!

Just call 800.835.3784 and have your doctor's contact information and prescription medication name(s) and dosage(s) ready. Cigna's home delivery Express Scripts Pharmacy claim system will do the rest.

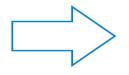




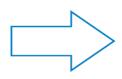
90-DAY PRESCRIPTION FILLS (CVS RETAIL OR CIGNA EXCLUSIVE HOME DELIVERY)

- Cigna 90 Now Program Retail Network provides an increase in pharmacy access
- Two months co-payment for a 90-day fill
- Maintenance medications must be filled at a retail pharmacy approved to fill 90-day supplies, or through Express Scripts® Pharmacy, Cigna's home delivery pharmacy











Get a 90-day prescription for your maintenance medication

Take your prescription to a retail pharmacy approved to fill 90-day supply or contact Cigna's Home Delivery Pharmacy

Receive your medication in a 90-day supply for convenience



2023 FLEXIBLE BENEFITS

Benefits-eligible employees may purchase any of the offered flexible benefits for you and your eligible dependents. Benefits become effective the first of the following month.

- Dental:
 - Delta Dental (DHMO & PPO)
 - UnitedHealthcare Dental (DHMO & PPO) (This benefit is not offered to employees represented by FOP)
- Vision: EyeMed
- Short Term Disability Upgrade Plans: The Standard
- Long Term Disability Upgrade Plans: The Standard
- Hospital Indemnity Coverage: Metropolitan Life Insurance Company (MetLife)
- Legal:
 - ARAG
 - MetLife (This benefit is not offered to employees represented by UTD)
- Identity Theft Protection: ID Watchdog
- Voluntary Life: Metropolitan Life Insurance Company (MetLife)
- Accidental Death & Dismemberment (AD&D): Metropolitan Life
 - Insurance Company (MetLife) (This benefit is not offered to employees represented by AFSCME)

DEPENDENT ELIGIBILITY DOCUMENTATION

- Dependent Social Security Numbers are required during the enrollment process
- Dependent documentation must be provided when requested.
 Failure to submit this required documentation will result in termination of your dependent coverage
- Domestic partner of the same-sex and legally married are able to be added on a tax-free basis with a marriage certificate









Online and mobile tool that quickly helps you find cost and quality information by ranking local providers in an easy-to-read color system.

Knowing how much your care cost is just as helpful as finding the right provider.

Healthcare Bluebook is available to you as part of your benefits plan for those enrolled in a Cigna

plan.









HEALTHCARE BLUEBOOK TRANSPARENCY TOOL

Find Fair Prices and Earn Rewards with Healthcare Bluebook

Procedure	Reward Amount
CTs	\$35
MRIS	\$35
Cholecystectomy (laparoscopic)	\$50
Ear Tube Placement (Tympanostomy)	\$50
Lithotripsy	\$50
Removal of Adenoids	\$50
Tonsillectomy	\$50
Cataract Surgery	\$100
Colonoscopy	\$100
Outpatient Knee or Shoulder Surgery (arthroscopic)	\$100
Upper GI Endoscopy	\$100
Total Knee Replacement	\$500
Total Hip Replacement	\$500
Spinal Fusion	\$500
Benign Breast Tumor Removal	\$500
Hysterectomy	\$500











WELL WAY

Visiting your physician for an annual physical is a great start to taking control of your health and welfare.

The mission of Miami-Dade County Public Schools Wellness Program is to:

- Increase employee awareness of benefits and personal health status.
- Maintain a workplace that encourages environmental and social support of healthy lifestyles.

What's Our Goal?

- Build a healthy community of employees and their dependents
- Change the culture of health
- Improve productivity and engagement
- Decrease organizational turnover
- Increase job satisfaction and morale
- Decrease usage of sick days
 - Decrease overall healthcare cost





CONTACT INFORMATION

For additional information and to schedule a personal confidential wellness session with our Wellness Educators, call 305.995.2265.

For additional information regarding your benefits, please feel free to contact us at:

- Office of Risk and Benefits Management –305.995.7129
- Cigna Healthcare 1.800.806.3052
- M-DCPS/Cigna Wellness Team -305.995.2265
- Healthcare Bluebook 1.888.316.5217



